

# Trichomoniasis (Trich)

Trichomoniasis is caused by a protozoa (one cell organism). It is a sexually transmitted disease.

## *Symptoms*

### *Women*

- *Vaginal discharge - usually foamy and foul smelling*
- *Itching*
- *Redness*
- *Irritation of the vagina*
- *Painful intercourse*

### *Men*

- *Most men have no symptoms*
- *May have irritation at tip of penis*

**SE STD Clinic**  
**DC General Health Campus, Bldg. #8**  
**19th & Mass. Ave., SE**  
**Washington, DC 20003**  
**Clinic Hours: 8:15 a.m.-3:15 p.m.**  
**Monday – Friday**  
**202-698-4050**

## How is Trichomoniasis diagnosed?

Trich is diagnosed by a pelvic examination and lab tests. The lab test includes an analysis of the vaginal discharge.

## How is Trichomoniasis treated?

The most commonly used treatment is Flagyl (Metronidazole). This medication interacts with alcohol and can cause unpleasant side effects.

Treatment is needed for both you and your partner.

Reinfection may take place if your partner is not treated.

## What can be done to help prevent

## Trichomoniasis?

Avoid unprotected sex. Always use condoms.

Avoid infection by being monogamous, having only one sex partner.